December 1, 2021

A Way to Function

This is my prayer for today. That God would give me a new way to function, live, get by in the world, exist. A way t hat's right for me. A road that I can walk on. A way to go about my days, free from the perpetual frame of reference compared to others, who are still living normal lives. So much of my efforts and energy have gone into the tiresome and nerve-wracking art of "fitting in" that somewhere along the way, I've completely neglected myself and my own needs, based on who I really am, and where I'm really at, and what I really need.

I'm exhausted. I think 98% of my stress comes from how I feel around, and percieve myself around, other people, an d how I think they're viewing me. Moreover, I am highly sensitive, and spiritual, so that adds another layer to everyt hing, causing pretty much everything to be stressful to me these days. I'm tired of it and I can't do it anymore. The w orld isn't going to change. I have to change. I have no choice now, but to throw in the towel, admit defeat. World, yo u won. You broke me.

I'm not suicidal. Far from it. I trust God my Maker and my King to see me through this.

Dear Jesus,
Please give me a new way to live and exist in this world, where I no longer feel inferior and unable. Please give me a new normal, free from comparison of others. Please give me safety, continue to harbor me in this storm called life. Let me live and do and go through my life on better terms. Set me free Jesus. My rope has finally broke.

Amy